



# AUGUST | 2018

## Covenant Christian High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	14	15 Hot Dogs Fries Carrots/ Dip Chocolate Chip Cookie	16 Cold Ham Sandwich Macaroni and Cheese Green Beans Applesauce	17 Pizza Cheese Curls Broccoli/ Dip Ice Cream Cup
20 Nachos Meat/Cheese Lettuce/ Tomatoes Rice Krispy Squares	21 Teriyaki Chicken Rice Peas Mandarin Oranges	22 Sloppy Joes Doritos Broccoli Brownie	23 Chicken Nuggets Tots Corn Jell-O	24 Ham with Scalloped Potatoes Glazed Carrots Sugar Cookie
27 Sausage and Gravy Biscuit Sausage Links French Toast Sticks Oranges	28 Lasagna California Blend Cheese Breadstick Sherbet	29 Chicken Patty TaterTots Carrots/ Dip M&M Cookie	30 Homemade Pizza Doritos Sliced Cucumbers/Dip Grapes	31 Shrimp Poppers Potato Smiles Green Beans Oreo Dessert

### Every Day Choices

**Fresh Fruit**  
**Cottage Cheese**  
**Lettuce Salad**  
**Bread & Butter**  
**Peanut Butter**